

# Get ready to rodeo

It's time for JSC employees to dust off their 10-gallon hats and shine their spurs for the upcoming rodeo season. The center's "Go Western" Planning Committee will sponsor a variety of activities throughout the rodeo season. Working in concert with the NASA/Clear Creek/ Friendswood Go Texan committee, JSC will support the commitment to youth and education.

The season kicks off Wednesday, January 27, with performers from the Houston Livestock Show and Rodeo speakers committee entertaining employees during lunchtime in the Bldg. 3 cafeteria. Performances will include country and western singers, western bands, live animals, ropers (give it a try), rodeo clowns, and line dancers. Come on down and enjoy the free entertainment while you munch on the western-themed lunch specials at the cafeteria.

January 29 is Go Texan Day in the Clear Lake area, so wear your finest western outfit to work that day. Also that day the Go Texan Rodeo Style Show will be held beginning at 11:00 a.m. at the Gilruth Center. Contact Pat Hirshfeld (281) 488-2290 for ticket information. On February 3 another contingent of the Houston Livestock Show and Rodeo performers from the speakers committee will entertain in the Bldg. 3 cafeteria.

The month-long festivities will continue with the arrival of the Texas Independence Trail Riders at 3 p.m. February 9. The trail riders will enter JSC through the Space Center Houston tram underpass by the Longhorn Project pasture. The JSC Circle Riders and Precinct 8 mounted patrol will meet them as they enter JSC.

About 150 horses and riders and 10 to 15 wagons will ride through the center, passing by the JSC Child Care Center and stopping at the Gilruth Center. The Texas Independence Trail Riders will set up camp for the night in the wooded area near the pavilion.

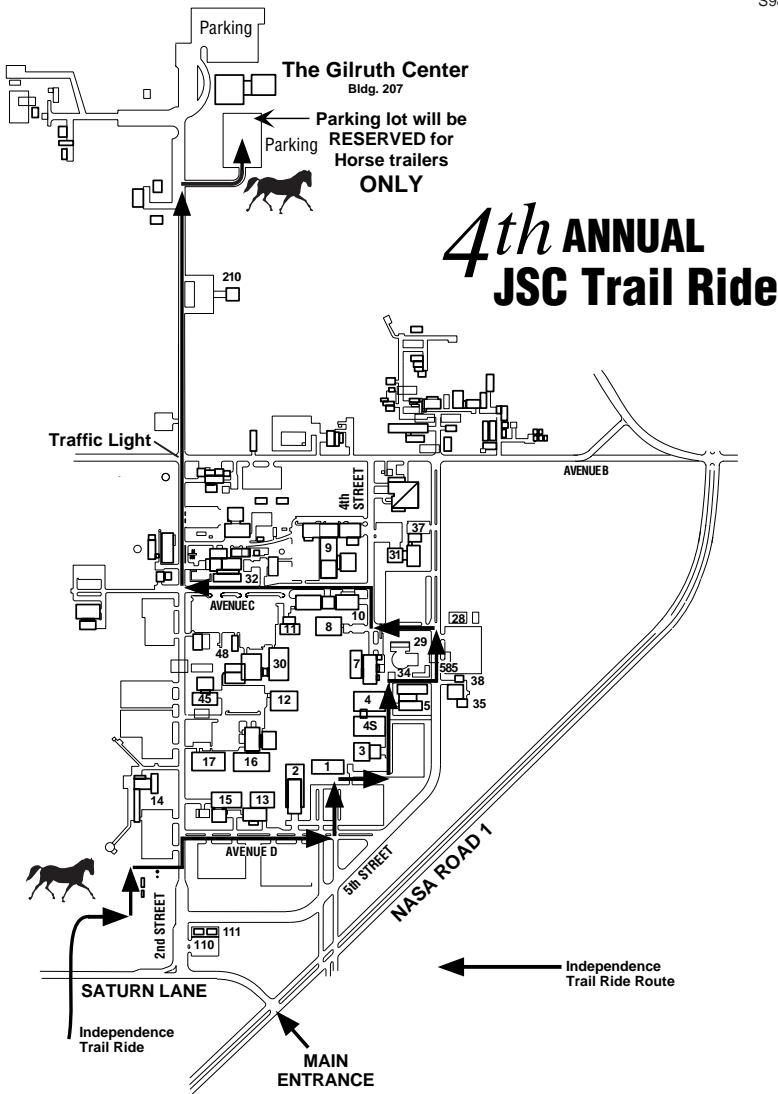
The NASA/Clear Creek/Friendswood Go Texan committee will host a dinner dance that evening from 7 p.m. to midnight, February 9, at Space Center Houston. This event will serve as the official welcome to the trail riders as well as highlight the substantial monetary



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As she did last year, **Rose Gardner of the JSC Travel Office will ride with the Independence Trail Riders when they enter JSC at Rocket Park.**

contribution that the Houston Livestock Show and Rodeo is providing to the Longhorn Project. Tickets are \$20 and include a barbecue dinner, two drink coupons, refreshments, live band and entertainment, plus the exhibits for viewing at Space Center Houston. Tickets are available at the Exchange stores. Proceeds go to the scholarship program of the Houston Livestock Show and Rodeo to help provide seven \$10,000 scholarships to NASA-area high school seniors for their college education. The trail riders will depart JSC the next morning at 9 through the gate near the 300/400 area and travel through Clear Lake City on their way to their next overnight stop in Deer Park. The Houston Livestock Show and Rodeo runs from February 19 to March 7. Once again NASA will have a booth at the Astro Arena. Contact Sandy Griffin at x31056 if you would like to help staff the booth. ■



## GILRUTH CENTER NEWS

- Hours:** The Gilruth Center is open from 6:30 a.m.-10 p.m. Monday-Thursday, 6:30 a.m.-9 p.m. Friday, and 9 a.m.-2 p.m. Saturday. Contact the Gilruth Center at x33345.
- Gilruth badges:** Required for use of the Gilruth Center. Employees, spouses, eligible dependents, NASA retirees and spouses may apply for photo identification badges from 7:30 a.m.-9 p.m. Monday-Friday and from 9 a.m.-2 p.m. Saturdays. Cost is \$10. Dependents must be between 16 and 23 years old.
- Nutrition intervention program:** Six-week program includes lectures, a private consultation with the dietitian and blood analysis to chart your progress. For details call Tammie Shaw at x32980.
- Defensive driving:** One-day course is offered once a month at the Gilruth Center. Pre-registration required. Cost is \$25. Call for next available class.
- Stamp club:** Meets every second and fourth Monday at 7 p.m. in Rm. 216.
- Weight safety:** Required course for employees wishing to use the Gilruth weight room. Preregistration is required. Cost is \$5. Annual weight room use fee is \$90. The cost for additional family members is \$50.
- Exercise:** Low-impact class meets from 5:15-6:15 p.m. Mondays and Wednesdays. Cost is \$24 for eight weeks.
- Step/bench aerobics:** Low-impact cardiovascular workout. Classes meet from 5:15-6:15 p.m. Tuesdays and Thursdays. Cost is \$32 for eight weeks. Call Kristen Taragzewski, instructor, at x36891.
- Yoga:** Stretching class of low-impact exercises designed for people of all ages and abilities in a Westernized format. Meets Thursdays 5-6 p.m. Cost is \$32 for eight weeks. Call Darrell Matula, instructor, at x38520 for more information.
- Ballroom dancing:** Classes meet from 7-8:15 p.m. Thursdays for beginner advanced classes and from 8:15-9:30 p.m. for beginner-intermediate and intermediate students. Cost is \$60 per couple.
- Country and western dancing:** Beginner class meets 7-8:30 p.m. Monday. Advanced class (must know basic steps to all dances) meets 8:30-10 p.m. Monday. Cost is \$20 per couple.
- Fitness program:** Health-related fitness program includes a medical screening examination and a 12-week individually prescribed exercise program. For more information call Larry Wier at x30301.
- Gilruth Home Page:** Check out all activities at the Gilruth online at: <http://www4.jsc.nasa.gov/ah/exceaa/Gilruth/Gilruth.htm>.

## TICKET WINDOW

- Bldg. 3 Exchange Store hours are 7 a.m.-4 p.m. Monday-Friday.
- Bldg. 11 Exchange Store hours are 9 a.m.-3 p.m. Monday-Friday.
- For more information, please call x35350.
- The following discount tickets are available at the Exchange Stores:
- |                                     |                                  |        |
|-------------------------------------|----------------------------------|--------|
| General Cinema Theaters             | .....                            | \$5.50 |
| Sony Loew's Theaters                | .....                            | \$5.00 |
| AMC Theaters                        | .....                            | \$4.75 |
| Moody Gardens (2 of 6 events)       | .....                            | \$9.75 |
| Space Center Houston                | ...adult \$10.25 ...child (4-11) | \$6.50 |
| (JSC civil service employees free.) |                                  |        |
- All tickets are non-refundable.
- Metro tokens and value cards are available.
- Sweetwater pecans are on sale for \$6.00 while supplies last.
- 1999 Franklin Planner refills are now available at the Building 11 Exchange Store.
- New Year's Photo Special**
- Photo processing: 3-inch single or double prints, \$2.99; or 4-inch single or double prints, \$3.99. (Not valid for black and white, panoramic, APS or reprints.)